



Pike Chamber Celebrates Pike Fitness Center's GRAND RE-OPENING!!

The Pike County Chamber of Commerce recently welcomed back Pike Fitness Center as a new member and celebrated their Grand Re-Opening with new owners that were previous owners; Regina & Don Hubbard.

Pike Fitness Center is a full-service gym offering fitness classes, cardio and strength training equipment. Services range from general orientation to intensive personal training. Regina and Don are seasoned physical therapist and the prior owners of Pike Physical Therapy and Fitness Center. They sold the fitness portion in 2015 and the physical therapy division in 2017. However, in September, 2018 they had the opportunity to resume ownership of the fitness facility. Damien Roche, the former owner remains with us as an instructor, personal trainer and consultant. They saw a community need to expand the fitness services and upgrade the equipment of this facility. Since they are one of three major fitness centers in the area, they felt the need to preserve the personal community spirit focused on health and wellness of our local community

Their mission at Pike Fitness Center is to encourage healthy lifestyles and wellness of our members through fitness and comprehensive programs. They started this facility to transition and challenge our members to achieve their individual goals at highest level of performance. They wish to enrich the quality of their lives with greater endurance, strength and functional abilities no matter what age. They strive to be the place their members chose to work on their personal fitness goals and to engage in social interaction with those who share the similar values.

Their mission is to fulfill the goals of their members and to have a positive impact on their lives with a creative fitness experience. Guidance and encouragement is their obligation to create a personalized place to elevate their physical well-being. Regina & Don will provide the facility and personnel to deliver the best possible fitness arena with equipment and classes. They strive to be acknowledged as the community's most unique and respected wellness resource. Pike Fitness Center wants to be the best part of your day, every day. Because fitness can change lives!

The cost of membership has been reduced, new equipment has been obtained and an ever-expanding array of classes are being introduced to meet the demands of their members. Silver Sneakers offers three classes but many others are also available. Membership includes all classes.

They are open 6 days a week. M-F 6:00 am to 8:00 pm, Sat. 8:00 am to 1:00 pm and Boot Camp Sat. 6:00 am to 8:00.

Stop by and visit them at 1346 Route 739 in Dingmans Ferry, PA across from the Ding-Del School.

#570-686-9496

